

# 20<sup>TH</sup> ANNUAL AAOS/AOSSM/AANA SPORTS MEDICINE COURSE

**Park City, UT**  
**January 30 – February 3, 2019**

Brian J. Cole, MD, MBA, Course Director

CAPT (Ret.) Matthew T. Provencher, MD MC USNR

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Course Co-Directors

**20<sup>TH</sup>**  
**ANNIVERSARY**

This highly interactive course engages you with case discussions, participant-expert panels, open dialogue with faculty, and unparalleled sports medicine expertise. Coupled with downtime for downhill it's an unforgettable learning adventure.

## Register early to ensure your participation in:

- Keynotes on Top Trending Sports Medicine Topics in 2019
- Emerging and leading-edge technology, orthobiologics, and innovative surgical techniques
- Debates and panel discussions offer differing perspectives on controversial topics
- Optional hands-on ultrasound sessions to enhance your diagnostic and therapeutic skills

**AAOS**  
AMERICAN ACADEMY OF  
ORTHOPAEDIC SURGEONS

**aossm**<sup>™</sup>  
American Orthopaedic Society  
for Sports Medicine

**AANA** | ARTHROSCOPY ASSOCIATION  
OF NORTH AMERICA

**Mid-day recreation breaks with discounts for lift tickets  
and premier lodging for attendees and guests.**

Register at [aos.org/SportsMed](http://aos.org/SportsMed) or call **1-800-626-6726**

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Emphasizing injury-specific treatment and rehabilitation guidelines, faculty present on upper and lower extremity sports-related injuries seen “on any given weekend.” Re-examine clinical content with the guidance of unparalleled expertise and the goal of keeping your patients active at every level — high school, college, weekend and professional.

## At the conclusion of this course, learners should be able to:

- Compare and contrast the various surgical and nonsurgical treatment protocols for instability conditions of the knee, injuries to knee ligaments, and cartilage disorders
- Review the anatomy, function and injuries of the acromioclavicular joint of the shoulder, and both non-operative and operative treatment strategies for athletic AC joint injuries
- Evaluate indications for tenotomy vs. tenodesis for biceps tendon pathology
- Review performance enhancing medications, side effects, screening protocols, workup, and deficiency of athletes with sports endocrine axis disorders
- Prescribe correct knee, shoulder and hand/wrist rehabilitation protocols to maximize post-surgical and post-injury function
- Compare short-term and long-term treatment strategies for team physicians
- Identify practice efficiencies, optimal use of physician extenders (ultrasound, injections, etc.), and cost reductions in the ambulatory setting

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## WHO SHOULD ATTEND?

**Orthopaedic Surgeons • Nurses • Physical Therapists • PAs • Physical Trainers • DOs • Residency Programs  
Sports Medicine Fellows • Occupational Therapists • Primary Care Sports Medicine Physicians**

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### Accreditation Statement

The American Academy of Orthopaedic Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education (CME) for physicians.

### AMA Credit Designation Statement

AAOS designates this live activity for 18 **AMA PRA Category 1 Credit™**. Physicians should claim only the credits commensurate with the extent of their participation in the activity.



### Continuing Education for Athletic Trainers

The American Orthopaedic Society for Sports Medicine (AOSSM) is approved by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.

**This course fulfills one AOSSM and/or AANA membership meeting requirement.**