

## Arthroscopic Osteocapsular Arthroplasty

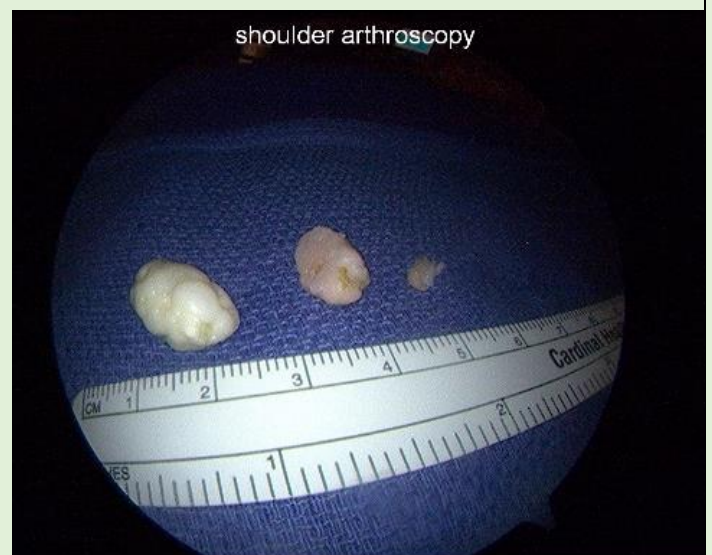
**Who needs an osteocapsular arthroplasty?**

This is a treatment for osteoarthritis (OA) of the glenohumeral joint. Symptoms of OA include joint space narrowing, stiffness, and osteophyte formation.

A total shoulder replacement is often the treatment of choice for severe OA. However, for the younger, more active patients a total shoulder replacement (TSR) might not be the best option. Alternatively, an arthroscopic procedure does not have any activity limitations post-op like a TSR.

**What is osteocapsular arthroplasty?**

This joint-preserving arthroscopic treatment is also termed Comprehensive Arthroscopic Management (CAM). The procedure is a comprehensive surgical treatment to address the multitude of factors that often cause pain in OA patients. The CAM procedure is unique in providing 7 individual treatments all in one surgery to significantly improve shoulder function, reduce pain, and result in high patient satisfaction scores.



Procedures included:

1. chondroplasty synovectomy
2. loose body removal
3. subacromial decompression
4. extensive capsular release
5. humeral osteoplasty and recontouring of the humeral head
6. axillary nerve neurolysis if scarring is present
7. biceps tenodesis

