

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Occupation/ Job: \_\_\_\_\_ Email: \_\_\_\_\_

**Where and what are your problem(s)?** (In Row 1 please check all body parts for which you are being seen. In Row 2, check the box showing which side(s) are affected. In Row 3 check all problems that apply.)

<b>1</b>	<input type="checkbox"/> SHOULDER	<input type="checkbox"/> ELBOW
<b>2</b>	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both
<b>3</b>	<input type="checkbox"/> Pain <input type="checkbox"/> Weakness <input type="checkbox"/> Unstable/ giving way/ dislocation <input type="checkbox"/> Stiffness <input type="checkbox"/> Swelling <input type="checkbox"/> Other	<input type="checkbox"/> Pain <input type="checkbox"/> Weakness <input type="checkbox"/> Unstable/ giving way/ dislocation <input type="checkbox"/> Stiffness <input type="checkbox"/> Swelling <input type="checkbox"/> Other

Which hand do you write with?  Right  Left

How would you rate the joint(s) you are being seen for today as a percent of normal (0-100%) with 100% being completely normal?  
 Joint: \_\_\_\_\_ % Joint: \_\_\_\_\_ %

Tell us about how or when your injury or problem began?

- No injury- just started hurting       Motor vehicle accident  
 Sports (which sport?) \_\_\_\_\_       Work/ Job

Date injury/ problem began: \_\_\_\_\_ Please briefly describe the injury/ cause of the problem:

Please list previous treatments you've had for this problem:

- Medications       Injection       Physical Therapy       Other: \_\_\_\_\_

Did it help? \_\_\_\_\_

Have you had previous surgery for this problem?  Yes  No Surgery & Date: \_\_\_\_\_

**How severe is the pain? (0 = none, 10 = severe) Please make an ✗ in the box that best represents your pain**

At rest:

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

At its worst:

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Do you have pain at night?  Yes  No

Does the pain awaken you from sleep?  Yes  No

Are you currently working?  Yes  No If yes, is it your  Normal job?  Limited/ light duty?

What makes the problem better? \_\_\_\_\_

What makes the problem worse? \_\_\_\_\_

Describe activities you have trouble with or are unable to do because of your problem: \_\_\_\_\_

**GENERAL INFORMATION**

**SURGICAL HISTORY:**

Surgeries/ Hospitalizations	Year	Complications

**MEDICATIONS:**

Current medication(s)	Dose	Frequency

**Medical history:**

- Do/ did you have heart disease?       Yes     No  
 Do/ did you have ulcers/ gastritis?     Yes     No  
 Do/ did you have diabetes?             Yes     No  
 Do/ did you have liver problems?       Yes     No  
 Do/ did you take blood thinners?       Yes     No

Are you allergic to any medications? (List medication and reaction) \_\_\_\_\_

Latex allergy?                                       Yes     No

Other allergies? (List allergy and reaction) \_\_\_\_\_

**Family history:**                       Problems with anesthesia       Bleeding and blood clotting disorder

**Social history:**

- Do you smoke?  Yes, I've smoked \_\_\_\_\_ packs of cigarettes per day for \_\_\_\_\_ years  
 Yes, I smoke cigars or a pipe  
 No, I have never smoked  
 No, I quit \_\_\_\_\_ years ago. At that time, I was smoking \_\_\_ packs of cigarettes per day for \_\_\_\_\_ years

- Do you drink alcohol?  
 No, never (or rarely)     No, but I used to  
 Yes    *How often?*     Daily       1 or more times/ week       1 or more times/month

**Orthopaedic Surgery: Initial Consultation**

Are you currently or have you ever had problems with:

**HOW YOU FEEL** CIRCLE ONE

- Fever Yes No
- Unexpected Weight Loss Yes No
- Excessive Fatigue Yes No
- Night Sweats Yes No
- Loss of appetite Yes No

**YOUR EYES**

- Wear glasses or contacts Yes No
- Infections Yes No
- Injuries Yes No

**YOUR YEAR, NOSE, THROAT & MOUTH**

- Wear hearing aids Yes No
- Date of last exam: \_\_\_\_\_

- Hearing loss Yes No
- Ear infections Yes No
- Balance disturbance Yes No
- Sinus problems Yes No

**YOUR HEART**

- Chest pain or angina Yes No
- Date of last EKG: \_\_\_\_\_

- High blood pressure Yes No
- Irregular pulse Yes No
- Heart murmur Yes No
- Heart attack Yes No
- Blood clots Yes No

**YOUR LUNGS**

- Asthma Yes No
- Chronic cough Yes No
- Emphysema Yes No
- Shortness of breath Yes No
- Bronchitis Yes No
- Pneumonia Yes No
- Lung Cancer Yes No
- Tuberculosis Yes No
- Sleep Apnea Yes No

**YOUR STOMACH & INTESTINES**

- Nausea Yes No
- Vomiting Yes No
- Ulcers or gastritis Yes No
- Colon cancer Yes No
- Stomach ulcer Yes No
- Hepatitis Yes No

**YOUR KIDNEYS & URINE**

- Urinary tract infection Yes No
- Kidney stones Yes No
- Kidney disease Yes No

**YOUR MUSCLES & BONES**

- Broken bones Yes No
- List: \_\_\_\_\_

- Arm or leg weakness Yes No
- Back pain Yes No
- Arm or leg pain Yes No
- Joint pain or swelling/ arthritis Yes No
- Numbness Yes No
- Osteoporosis Yes No
- Instability/ giving way/ dislocation Yes No
- Stiffness Yes No
- Scoliosis Yes No
- Spinal conditions Yes No

**YOUR SKIN**

- Skin cancer Yes No
- Skin ulcers Yes No

**YOUR BRAIN & NERVES**

- Fainting spells or "blacking out" Yes No
- Seizures Yes No
- Coordination in arm and / or legs Yes No
- Stroke Yes No
- Balance problem Yes No
- Headaches Yes No

**YOUR GLANDS**

- Diabetes Yes No
- Treatment: \_\_\_\_\_

- Thyroid Disease/ Disorder Yes No
- Hormone Problems Yes No

**YOUR BLOOD**

- Anemia Yes No
- Hemophilia Yes No
- Bleeding Tendencies Yes No
- Persistent Swollen Glands/ Lymph Nodes Yes No
- Blood Transfusion Yes No

- If yes, when? \_\_\_\_\_
- Easy bleeding Yes No
- Easy bruising Yes No
- Cancer Yes No

**YOUR ALLERGIES & IMMUNE SYSTEM**

- Inhalant (nasal) Allergies Yes No
- Immunological Disorders Yes No

**YOUR FEELINGS**

- Anxiety Yes No
- Depression Yes No
- Other Psychiatric Disorder Yes No

Treatment: \_\_\_\_\_

I believe that my answers are correct

Sign your name and put today's date and time

I have reviewed the above information with the patient

Physician's Name Date Time

Physician's Signature

**Orthopaedic Surgery: Initial Consultation**

<b>GENERAL</b>		
<b>HEENT</b>	<input type="checkbox"/> NC/AT	<input type="checkbox"/> PERRL
<b>Neck</b>	<input type="checkbox"/> EOM-I	<input type="checkbox"/> Oropharynx clear
<b>Chest/ Lungs</b>	<input type="checkbox"/> Dentures	<input type="checkbox"/> Supple non tender no lymphadenopathy
<b>Cardiovascular</b>	<input type="checkbox"/> FAROM	<input type="checkbox"/> Spurling's sign
<b>Extremities</b>	<input type="checkbox"/> Adson Manuever	<input type="checkbox"/> CTA bilateral
	<input type="checkbox"/> rales	<input type="checkbox"/> rhonchi
	<input type="checkbox"/> diminished breath sounds	<input type="checkbox"/> RRR nl S1, S2
	<input type="checkbox"/> murmur Y N	
<b>Shoulder ROM</b>		
	R	L
FF		
ABD		
ER		
IR		
ABD-IR		
ABD-ER		
<b>Shoulder Strength</b>		
	R	L
ER		
ABD		
IR		
<input type="checkbox"/> + Belly Press Test		
<b>Impingement:</b> <input type="checkbox"/> Hawkins <input type="checkbox"/> Neers <input type="checkbox"/> Crepitance ROM		
<b>Bicep:</b>		<b>Instability:</b>
<input type="checkbox"/> TTP Bicipital Groove	<input type="checkbox"/> O'Brien's Sign	<input type="checkbox"/> Apprehension
<input type="checkbox"/> Speeds Exam	<input type="checkbox"/> Scapula:	<input type="checkbox"/> Relocation
<input type="checkbox"/> Winging	<input type="checkbox"/> Dyskinesia	<input type="checkbox"/> Ant/Post Drawer
<input type="checkbox"/> AC Joint	<input type="checkbox"/> TTP AC Joint	<input type="checkbox"/> Ant/Post Load & Shift Exam
<input type="checkbox"/> Deformity Clavicle	<input type="checkbox"/> Scarf	<input type="checkbox"/> Jerk Test
<input type="checkbox"/> Cross Arm Adduction	<input type="checkbox"/> Beightons Score:	<input type="checkbox"/> Elbow Hyperext
<input type="checkbox"/> Palms on Floor	<input type="checkbox"/> Knee Hyperext	<input type="checkbox"/> Thumb/Forearm Appostion
	<input type="checkbox"/> Elbow Hyperext	<input type="checkbox"/> Palms on Floor
<b>Elbow ROM</b>		
	R	L
Flex		
Ext		
Pron		
Sup		
<b>Elbow Strength</b>		
	R	L
Flex		
Ext		
<b>TTP:</b> <input type="checkbox"/> Lat Epicondyle <input type="checkbox"/> Med Epicondyle <input type="checkbox"/> Radial Head		
<input type="checkbox"/> Olecranon <input type="checkbox"/> Biceps		
<b>Ulnar nerve:</b> <input type="checkbox"/> Subluxation <input type="checkbox"/> Tinel's <input type="checkbox"/> Intrinsic atrophy		
<input type="checkbox"/> Decreased SLT Ulnar Fingers <input type="checkbox"/> ABD/ADD weakness		
<input type="checkbox"/> Flexion/Compression Test Elbow		
<b>Instability:</b>		
<input type="checkbox"/> Moving Valgus Stress Test <input type="checkbox"/> Milking Manuever		
<input type="checkbox"/> Varus Align <input type="checkbox"/> + Varus Stress Test <input type="checkbox"/> + Valgus Stress Test		
<input type="checkbox"/> Lateral Pivot Shift Test		
<b>Epicondylitis:</b>		
<input type="checkbox"/> Pain Resisted Wrist Extension <input type="checkbox"/> Pain Resisted Finger Exten		
<input type="checkbox"/> Pain Resisted Wrist Flexion		
<b>Skin:</b> <input type="checkbox"/> Intact <input type="checkbox"/> Rash/ Lesions <input type="checkbox"/> Incisions/Scars _____ <input type="checkbox"/> Atrophy _____		
<b>Neuro:</b> <input type="checkbox"/> II – XII intact <input type="checkbox"/> Sensory exam intact <input type="checkbox"/> 2+ BR/TRI/Bi Reflexes <input type="checkbox"/> Abnormalities:		
<b>Radiology: X-rays:</b>		
<b>MRI/MRA:</b>		
<b>CT/CTA:</b>		
<b>Impression:</b>		
<b>Plan:</b>		

MD/ PA: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Print name